

Discussion Questions:

1. What does it mean to "eat" Jesus' flesh and "drink" His blood, as Jesus describes in vv. 53-54?

How do you internalize and live out the reality of Jesus' sacrifice in your daily walk with Him?

2. What does it look like to live with the confidence of "eternal life" that Jesus promises to those who come to Him in faith? (v. 54)

How does this promise of eternal life influence your attitudes, decisions, and perspective on life?

3. In what ways can I foster a deeper "abiding" relationship with Christ, as Jesus mentions in verse 56?

Identify ways to strengthen your ongoing connection with Jesus through practices like prayer, study, and obedience.

4. Discuss how Jesus' reliance on the Father can serve as a model for your own dependence on God in all areas of life.
5. How can you shift your focus from the physical or temporary things you seek for satisfaction, toward the lasting fulfillment that Jesus offers? (v. 58)

Bible Reference

Leviticus 17:10-15 ESV [10] "If any one of the house of Israel or of the strangers who sojourn among them eats any blood, I will set my face against that person who eats blood and will cut him off from among his people. [11] For the life of the flesh is in the blood, and I have given it for you on the altar to make atonement for your souls, for it is the blood that makes atonement by the life. [12] Therefore I have said to the people of Israel, No person among you shall eat blood, neither shall any stranger who sojourns among you eat blood. [13] "Any one also of the people of Israel, or of the strangers who sojourn among them, who takes in hunting any beast or bird that may be eaten shall pour out its blood and cover it with earth. [14] For the life of every creature is its blood: its blood is its life. Therefore I have said to the people of Israel, You shall not eat the blood of any creature, for the life of every creature is its blood. Whoever eats it shall be cut off. [15] And every person who eats what dies of itself or what is torn by beasts, whether he is a native or a sojourner, shall wash his clothes and bathe himself in water and be unclean until the evening; then he shall be clean.

Deuteronomy 12:15-16 ESV [15] "However, you may slaughter and eat meat within any of your towns, as much as you desire, according to the blessing of the LORD your God that he has given you. The unclean and the clean may eat of it, as of the gazelle and as of the deer. [16] Only you shall not eat the blood; you shall pour it out on the earth like water.